

Lunch

by the Pool

Combination Smoothies -5-

carrot & orange / pineapple & orange / mango & banana
& strawberry / papaya & banana / orange & mango & honey

Vegetable Juices -4-

- simply carrot
- happy morning: carrot, celery, and beets
- green power: parsley, celery, cucumber, carrot
- love in the wild: carrots, lemon, honey and ginger

Soup of the Day -6-

Salads & Small Dishes

Just Hydroponic Greens with a mustard vinaigrette -10-

- Add: feta cheese +4 / grilled chicken +4 / Grilled Tilapia +4

Chicken Curry Salad, apples and raisins -13-

Quinoa, a super grain, wheat-free, gluten-free,
low sodium salad -8-

- Add: veggies / grilled chicken +4 / local organic cheese +2

Fresh Garbanzo Bean Hummus -8-

Fresh Guacamole -10-

Just Heart of Palms Salad -10-

Black Beans and Corn salad -8-

Burgers, Tacos & Quesadillas

Vegan Black Bean Burger, lettuce, tomato, avocado -8-

Beef Burger, tomato, avocado, red onion -13-

Fish or Chicken Tacos, avocado, grated cheese -13-

Vegetarian Quesadilla, guacamole -11-

Chicken Quesadilla, guacamole -12-

Sweets -8-

Tres Leches, Brownie with Ice-cream, and Coconut Flan